**Odem-Edroy ISD Wellness Policy**

**School Health Advisory Council (SHAC)**

**Senate Bill 19** mandated School Health Advisory Councils (SHAC) in 2002.

The new requirements are to have four meetings per year, have a parent co-chair, and give an end of the year report to the superintendent and school board.

**Our mission** is to implement a coordinated school health program to prevent obesity, cardiovascular disease, and Type II diabetes in students through a combined effort of the school district and community members.

**The School Health Advisory Council (SHAC)** supports a healthy and safe school environment dedicating our efforts to goals that will provide healthier minds and bodies through effective health education and services.

**Odem- Edroy ISD implements new programs using the CDC School Health Program Model**.

The eight components are:

Health Education

Physical Education

Health Services

Nutrition Services

Counseling, Psychological and Social Services

Healthy School Environment

Health Promotion for Staff

Family and Community Involvement

**School Health Advisory Council meeting dates for 2011-2012 are**:

Wednesday, October 12, 2011

Wednesday, November 9, 2011

Wednesday, February 1, 2012

Wednesday, March 21, 2012

**All meetings are in the Odem High School Library** from 3:45pm to 5:00pm.

**School Health Advisory Council Meetings dates for 2012-2013 are:**

Wednesday, October 10, 2012

Wednesday, November 7, 2012

Wednesday, February 6, 2013

Wednesday, March 6, 2013